1. Colonies of microbes from hands
2. Unwashed
3. Washed without soap
4. Washed with soap
5. Dirty hands infect food with microbes
6. Microbes of typhus and dysentery get into the organism through the mouth with contaminated food and water. Without the permission of a doctor, do not let those who are or were sick with typhus prepare food, serve food, or milk cows
7. Do not drink raw (not-boiled) water or milk
8. Wash fruits and vegetables with boiled water
9. Destroy flies, carriers of typhus and dysentery