Translation:

1. What to do with cuts or scratches on the skin

2. Apply sand, dirt, or wild medicine [probably folk herbal medicine] over the wound

3. Result: topical inflammation, formation of pus, and festering.

4. Family first aid for topical wounds: First use cold water to wash away the dirt on the wound, wipe clean with alcohol or mercurochrome, and wrap it with a cloth.

5. Result: the wound heals promptly